



# The Trio Tribune

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## TRIO MARTIAL ARTS WELCOMES NEW BLACK BELT

*On March 29, Croix Shaffer was promoted to  
First Degree Black Belt!*

One of the original students of Trio Martial Arts, **Croix Shaffer** has successfully tested for his Shodan (First Degree Black Belt). After leaving his former dojo, Croix followed Sensei Bret into his garage where with Trio Martial Arts he began as a Green Belt. Now over a year later, Croix has shown the discipline, focus, and dedication necessary of a Black Belt and Sensei Bret felt he was ready. After a grueling four-hour test including every requirement in the curriculum and more, Trio Martial Arts proudly recognizes Croix's achievement on his journey in the martial arts. Congratulations Croix!



*From this day forward, he will now  
be addressed as Sempei Croix.*

## TRIO MARTIAL ARTS CONGRATULATES MARCH TESTEES

Congratulations to the following on their belt promotion March 22.

**Anne Montgomery – Jr. Brown**  
**Danielle Jaffe – Jr. Green**  
**Benjamin Harrison - Purple**  
**Peyton Harrison - Yellow**

Also, with Ben Harrison's promotion to Purple Belt, he has now moved up to the Intermediate Class. Keep up the good work everybody!

## **A Prestigious Honor!**



After hosting *Fight Night* on March 20 with one of Trio Martial Arts' closest friends, Grandmaster Arnaldo Lugo came out to the dojo to officially nominate Sensei Bret for the Southeastern Martial Arts Hall of Fame! Master Hector Narvaez had recommended Sensei Bret to GM Lugo for Outstanding Leadership and Continuing Excellence in Martial Arts. On December 19, Sensei Bret will attend the awards ceremony held at the Florida Hotel for the decision.

## NEW CERTIFICATIONS

*Trio Martial Arts and Sensei Bret now recognized by  
The Independent Martial Arts Federation!*

On March 21, Sensei Bret received his rank recognition and Instructor Certification from the Independent Martial Arts Federation. The IMAF also recognized Trio Martial Arts Academy as a martial arts school and presented us with a School Charter. IMAF has also recognized San Budo and Trio Martial Arts as the exclusive school teaching this style. This is just another step toward growing our fantastic school!

**SPECIAL NOTE** – Just want to give a shout out to Noah Lepore who unfortunately injured his ankle during his belt test. We miss you in class and need you to get better soon.

## UPCOMING EVENTS

**April 4 – Belt Testing**  
*Dylan S., Mike D., Christian B., Jacob H.*  
**May 16 – Minneola Splash Bash**  
**Demo Team Performance**  
**May 26 – Cypress Ridge PTO Meeting**  
**Demo Team Performance**



**SPIRIT, MIND, BODY**