



# The Trio Tribune

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## GIRL SCOUT PROGRAM A SUCCESS

*Trio Martial Arts completes first  
Girl Scout Self Defense Course*

Trio Martial Arts Academy has the honor of offering a Self Defense course to the Girl Scouts at 4-Week sessions. Starting with Cadet Troop 9161, nine girl scouts attended the first session. Trio Martial Arts hopes to offer this course again, with more advanced techniques to build upon their level of confidence, in late April. Attendees were **Megan Henshaw, Alisha Henshaw, Caroline Carmickle, Shelby Ratliff, Bethany Peacock, Cassie Peacock, Kala Wetzel, Madison Mills, and Julieann Lepore**. Congratulations to all Girl Scouts and we look forward to having you again!



*Not pictured are Shelby Ratliff and Madison Mills*

## Upcoming Testing Dates

### **SUNDAY MARCH 22<sup>ND</sup>**

Peyton Harrison	Noah Lepore
Ben Harrison	Dominic Thompson
Danielle Jaffe	Anne Montgomery
Jacob Hiatt	

### **SUNDAY MARCH 29<sup>TH</sup>**

**Croix Shaffer**  
Will Be Testing for his  
First Degree Black Belt  
GOOD LUCK CROIX!

## **Congratulations Sensei Bret!**



On February 17, Sensei Bret tested and received his **Fourth Degree Black Belt Certification** From 8th Dan Grandmaster Richard Hackworth!

## FEBRUARY CHAMPIONS

Trio Martial Arts would like to congratulate all those who competed in the February 21<sup>st</sup> KICK USA tournament. From seven competitors, Trio Martial Arts brought home nine medals in divisions for Sparring, Grappling, and Traditional Forms.

Trio Martial Arts further congratulates our First Place winners: **Robin Adams, Shannon Gordon, and Marcus Bravo**

**Trio Martial Arts Academy  
Welcomes New Students:  
Peyton H., Dylan S., Chloe R.,  
Noah H., Christian B., and Mike D.**

## **Upcoming Events**

Our Demo Team will be performing at  
**Pig On The Pond**  
Saturday March 14 at  
**11:30AM and 4:00PM**

**KICK USA Regional Qualifier**  
**March 28 in Tampa**  
**Meet at TMA 6:15AM**



**SPIRIT, MIND, BODY**