



# The Trio Tribune

Volume 1, Issue 3

## CONGRATULATIONS TESTEES

*Trio Martial Arts Would Like  
To Congratulate All Who Tested*

On May 10, Trio Martial Arts held its second group testing with 5 of its students. Testing were Heather Gordon (6), Emily Rees (8), Shelby Moyer (11), Phillip Kuzara (13), and Casey Gates (18). Working extensively on their Sparring, Grappling, and endurance, Sensei Bret inspected each one individually on their Katas and Sets. Assisting the test were Sempei Robin and Sempei Shannon, both of whom are Black Belts with Trio Martial Arts. Sempei Robin commented on how much intensity and focus all of the students had throughout the testing procedure and how much more they had to learn and perform compared to previous martial arts schools that she has been involved with.



*Front Row: Heather Gordon  
Second Row: Phillip Kuzara, Emily Rees, Shelby Moyer  
Back Row: Sensei Bret, Sempei Robin, Casey Gates, Sempei Shannon*

## SENSEI BRET'S COMMENTS

Congratulations Phillip for passing your test. For drawing blood from your Sensei, we are promoting you to Blue Belt. Unfortunately, for also sending me to the Emergency Room, we are demoting you back to Yellow Belt.

Just kidding. You did a fantastic job on your test and we look forward to your continued success and very soon becoming our newest member to our Black Belt Club.

## FEELING BOARD?



*Casey Gates performing a cross punch  
to break 5 wooden boards*

## UPCOMING EVENTS

### **KICK USA Inter-Regional Tournament**

Orlando, FL  
June 7, 2008

### **Karate Kamp 1<sup>st</sup> Session**

Clermont, FL  
June 23-27, 2008

## MOVING ON UP

Starting Monday, June 16, we will be in our new location:  
**2840 Columbus Ave.**  
**Clermont, FL 34711**  
See Sensei Bret for directions.



**SPIRIT, MIND, BODY**