



The Trio Tribune

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AN EVENTFUL SUMMER

Starting this summer season with National tournaments and a June special that brought 10 new students to Trio Martial Arts, July and August thus far have proved to be constant for the school and Sensei Bret. Now a member of the South Lake Chamber of Commerce and the Central Florida Business Professionals Networking Group, Trio Martial Arts has spared no effort to be the school in the community. From Chamber luncheons to Summer Camps, Trio Martial Arts is working diligently to establish the school as *the* school to go to for martial arts instruction. Sensei Bret worked very closely with the City of Minneola Recreation Camp and the YMCA Summer Program, providing free classes, field trips, and demo-team performances for the campers.

A GOAL REACHED

Within the school has been no less eventful either. In July, **Jacob Jaffe** tested for his First Degree Black Belt! Congratulations Jake! Because of this promotion, Jake will further be referred to as *Sempei Jake* by all students.



Jake, it's OK to smile!

Jake is also a dedicated member of the **Fighting Dragons** demo team. Come support the team at local upcoming events such as Central Florida Kid Fest and Minneola Fall Festival!

TRIO MARTIAL ARTS HOSTS FIRST TOURNAMENT

*The Warrior Invitational Kumite Challenge was held on
Sunday, August 2, 2009 in Minneola*

A point-fighting only tournament, the Warrior Invitational Kumite Challenge hosted by Trio Martial Arts and Sensei Bret was held at Minneola City Hall. This is the first time the City has allowed its gym to be rented on a Sunday, another sign of their love for our school (wink)! The tournament drew from schools all throughout the state of Florida with schools coming from as far as the Tampa area and Jupiter. The credentials and experience of the instructors present would be mindboggling to onlookers, with Grandmasters and Masters everywhere to be found, including but not limited to: Professor Arnaldo Lugo (10th dan) and Grandmaster Richard Hackworth (8th Dan), two avid supporters of Sensei Bret. In attendance were members of *National Team Pepsi*, headed by the Zaino family who also host a radio show on Action Radio. With a total of 70+ competitors and another 100+ spectators, the tournament was a complete success and everyone is looking forward to the next event, scheduled for February 2010!

Trio Martial Arts brought 11 competitors to the event, 5 of which received first place in their division. Tournament results are as follows:

Ben Harrison: First Place
Lexy Smith: First Place
Anne Montgomery: First Place
Mike Droske: First Place
Heather Gordon: First Place
Robin Adams: Second Place
Jacob Jaffe: Second Place
Savannah Sturtz: Second Place
Jordan Smith: Third Place
Omar Jeter: Third Place
Dillan Thomson: Third Place



SPIRIT, MIND, BODY